

# Effective dynamics for the spatial volume of 3-dimensional CDT

**Dario Benedetti**

Laboratoire de Physique Théorique  
CNRS, Université Paris-Sud, Orsay, France



refs: Class. Quant. Grav. 32 (2015) 215007 [with J. Henson]  
Class. Quant. Grav. 34 (2017) 105012 [with J. Ryan]

**November 8, 2018 - Nagoya**

# Introduction – effective dynamics of observables

Observables are a long-standing challenge in Quantum Gravity:

Diffeomorphism invariance  $\Rightarrow$  non-local observables  $\int d^d x \sqrt{g} \mathcal{O}(x)$

Causal Dynamical Triangulationns (CDT) have a built-in foliation  
 $\Rightarrow$  time-dependent observables  $\mathcal{O}(t)$  are possible

Questions:

- 1 Is it possible to describe dynamics of  $\mathcal{O}(t)$  with an effective theory?

$$\langle \mathcal{O}(t) \rangle = \int \mathcal{D}g_{\mu\nu} e^{-S[g]} \mathcal{O}(t) \stackrel{?}{\sim} \int \mathcal{D}\mathcal{O} e^{-S_{\text{eff}}[\mathcal{O}]} \mathcal{O}(t)$$

- 2 If so, can we infer  $S[g]$  from knowledge of  $S_{\text{eff}}[\mathcal{O}]$ ?  
(useful if we can construct continuum limit of  $S_{\text{eff}}[\mathcal{O}]$  but not of  $S[g]$ )

This talk:

$S_{\text{eff}}$  for the spatial volume of CDT in  $2 + 1$  dimensions  
 $\Rightarrow$  connection to Hořava-Lifshitz gravity

# Outline

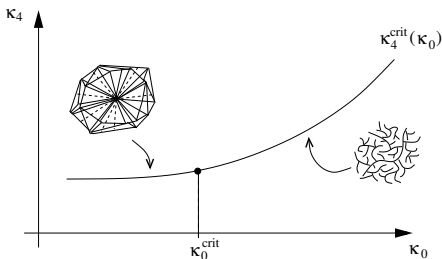
- Lightning overview of CDT and its results
- 2+1 dimensional CDT and its volume profiles
- Condensation from Hořava-Lifshitz minisuperspace model

# Causal Dynamical Triangulations in a nutshell

- A lattice approach to the nonperturbative quantization of gravity  
⇒ discretization of spacetime with *lattice cutoff*  $\equiv a$
- Dynamical spacetime  $\Rightarrow$  dynamical lattice:  
random  $d$ -dimensional triangulations  
(in Euclidean signature,  $e^{-S}$  weight  $\Rightarrow$  Monte Carlo simulations)

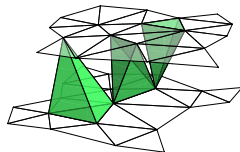
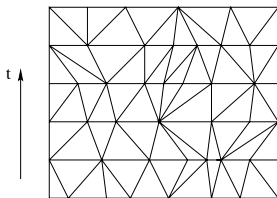
# Causal Dynamical Triangulations in a nutshell

- A lattice approach to the nonperturbative quantization of gravity  
⇒ discretization of spacetime with *lattice cutoff*  $\equiv a$
- Dynamical spacetime  $\Rightarrow$  dynamical lattice:  
random  $d$ -dimensional triangulations  
(in Euclidean signature,  $e^{-S}$  weight  $\Rightarrow$  Monte Carlo simulations)
- Experience from the past (DT): no classical geometry and no 2<sup>nd</sup> order phase transition for most general class of geometries



# Causal Dynamical Triangulations in a nutshell

- A lattice approach to the nonperturbative quantization of gravity  
⇒ discretization of spacetime with *lattice cutoff*  $\equiv a$
- Dynamical spacetime  $\Rightarrow$  dynamical lattice:  
random  $d$ -dimensional triangulations  
(in Euclidean signature,  $e^{-S}$  weight  $\Rightarrow$  Monte Carlo simulations)
- Experience from the past (DT): no classical geometry and no 2<sup>nd</sup> order phase transition for most general class of geometries
- Restricting the ensemble of geometries to those with a regular foliation both features are obtained  $\Rightarrow$  Causal Dynamical Triangulations  
[Ambjørn, Loll - 1998 ( $d = 2$ ); Ambjørn, Jurkiewicz, Loll - 2000,... ( $d > 2$ )]



# The model

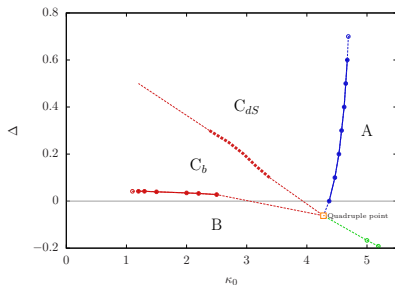
The statistical model of CDT is defined by the partition function

$$Z(\kappa_d, \kappa_{d-2}) = \sum_{N_d} e^{-\kappa_d N_d} \sum_{T_{N_d}} \frac{1}{C(T)} e^{\kappa_{d-2} N_{d-2}} \equiv \sum_{N_d} e^{-\kappa_d N_d} Z(N_d, \kappa_{d-2})$$

- $N_n$  = number of  $n$ -dimensional simplices ( $n = 0, \dots, d$ )
- $N_n$  = are constrained by topological relations  
⇒ only 1 independent variable in  $1 + 1$  dimensions,  
and only 2 independent variables in  $2 + 1$  and  $3 + 1$  dimensions
- In CDT we distinguish time-like objects (connecting leaves)  
and space-like objects (on a single leaf)  
⇒ one more free variable in  $3 + 1$  dimensions (with coupling  $\Delta$ )
- Monte Carlo simulations:
  - (1)  $\kappa_0 N_0$  instead of  $\kappa_{d-2} N_{d-2}$ ;
  - (2) constant volume (canonical ensemble);
  - (3) increase  $N_d$  and look for scaling

# Emergence of a macroscopic universe

Phase diagram of CDT: [Ambjørn, Jurkiewicz, Loll, Görlich, Jordan]



Phase  $C_{dS}$ :

- $d_H \sim 4$
- from  $S^1 \times S^3$  to an effective  $S^4$
- spontaneous breaking of time translation

$\Leftrightarrow$  "condensation of spacetime"

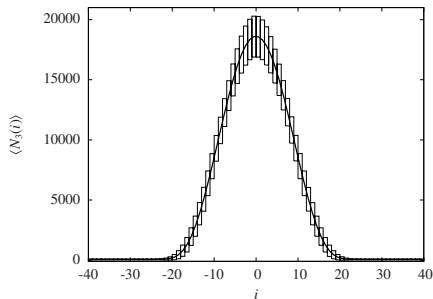




# Volume profile in 3+1 dimensions

Characteristic features of the condensate:

macroscopic **blob/droplet** surrounded by microscopic **stalk**



In the bulk of the macroscopic universe:

$$\langle N_3(i) \rangle = \frac{3N_4^{3/4}}{4s_0} \cos^3 \left( \frac{i}{s_0 N_4^{1/4}} \right) \Rightarrow \text{emergence of a classical evolution}$$

(volume profile of a 4-sphere) [Ambjørn, Görlich, Jurkiewicz, Loll - '07]

# GR minisuperspace

- The  $\cos^3(t)$  profile is obtained also as a solution of a GR-inspired minisuperspace model ( $g_{ij} = \phi(t)^2 \hat{g}_{ij} \Rightarrow V_3(t) = \int d^3x \sqrt{g} \propto \phi(t)^3$ )

$$S = \frac{1}{2G} \int_{-\frac{\tau}{2}}^{\frac{\tau}{2}} dt \left( c_1 \frac{\dot{V}_3^2(t)}{V_3(t)} + c_2 V_3^{1/3}(t) \right)$$

+ constraint:  $V_4 = \int_{-\frac{\tau}{2}}^{\frac{\tau}{2}} dt V_3(t)$

$$\Rightarrow \int \mathcal{D}V_3 \delta \left( V_4 - \int_{-\frac{\tau}{2}}^{\frac{\tau}{2}} dt V_3(t) \right) e^{-S}$$

- Discretization:

$$S = \kappa \sum_i \left( c_1 \frac{(N_3(i+1) - N_3(i))^2}{N_3(i)} + c_2 N_3^{1/3}(i) \right)$$

– Reconstructed directly from the CDT data (inside the droplet) by studying correlators  $\langle N_3(i) N_3(j) \rangle$  [Ambjorn et al. '08-'12-'13]

# Condensation from Balls-in-Boxes model

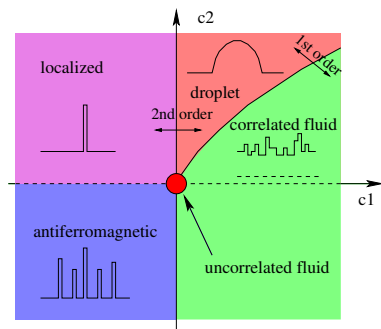
GR-inspired minisuperspace model explains not only the bulk evolution, but also the stalk, as well as occurrence of other phases [Bogacz, Burda, Waclaw - '12]

⇒ Balls-in-Boxes model = discrete path integral with a constraint

$$Z_{\text{BIB}}(T, M) = \sum_{m_1=m_{\min}}^M \dots \sum_{m_T=m_{\min}}^M \delta_{M, \sum_i m_i} \prod_{j=1}^T g(m_j, m_{j+1})$$

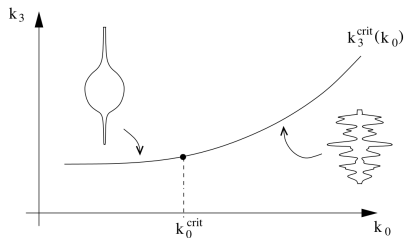
$$= \sum_{\{m_j\}} e^{-S[\{m_j\}]} \delta_{M, \sum_i m_i},$$

$$g(m, n) = \exp \left\{ -c_1 \frac{2(m-n)^2}{m+n} - c_2 \frac{m^{1/3} + n^{1/3}}{2} \right\} \Rightarrow$$



## CDT in 2+1 dimensions

(2 + 1)-dimensional CDT is not much easier than (3 + 1) $d$   
(but it has one less coupling in the lattice action)

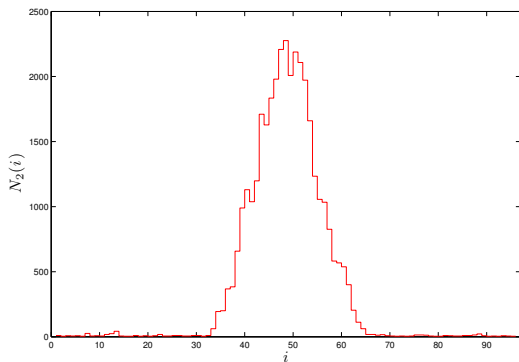


[Ambjørn, Jurkiewicz, Loll - '00]

$\Rightarrow$  again an extended phase ( $d_H \sim 3$ ) with a condensation phenomenon

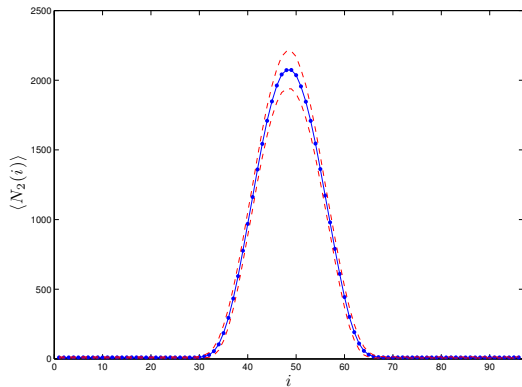
# Volume profile in 2+1 dimensions

[DB, Henson '14]



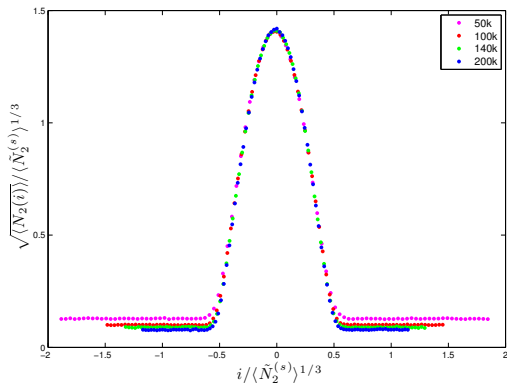
# Volume profile in 2+1 dimensions

[DB, Henson '14]



# Volume profile in 2+1 dimensions

[DB, Henson '14]



# Failure of the GR-inspired minisuperspace model – 1

- No potential for  $V_2(t)$  in GR action:

$$S_{(2+1)d\text{-mini}} = \frac{1}{2G} \int_{-\frac{\tau}{2}}^{\frac{\tau}{2}} dt \frac{\dot{V}_2^2(t)}{V_2(t)}$$

+ constraint:  $V_3 = \int_{-\frac{\tau}{2}}^{\frac{\tau}{2}} dt V_2(t)$

- Solution:

$$\bar{V}_2(t) = \begin{cases} A \cos^2\left(\frac{2\pi^2 A t}{V_3}\right), & \text{for } t \in \left[-\frac{V_3}{4\pi A}, +\frac{V_3}{4\pi A}\right], \\ 0, & \text{for } t \in \left[-\frac{\tau}{2}, -\frac{V_3}{4\pi A}\right) \cup \left(+\frac{V_3}{4\pi A}, +\frac{\tau}{2}\right] \end{cases}$$

- On-shell action:  $S_{(2+1)d\text{-mini}}[\bar{V}_2] = \frac{A^2 \pi^3}{2G V_3}$

minimized by  $A = 0$ , but this violates  $\frac{V_3}{4\pi A} \leq \frac{\tau}{2} \Rightarrow \bar{A} = \frac{V_3}{2\pi\tau}$

$$\Rightarrow S_{(2+1)d\text{-mini}}[\bar{V}_2; \bar{A}] = \frac{\pi V_3}{8G\tau^2} > 0$$

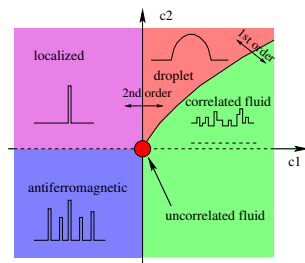
- However:

$$S_{(2+1)d\text{-mini}}[V_2(t) = V_3/\tau] = 0$$



## Failure of the GR-inspired minisuperspace model – 2

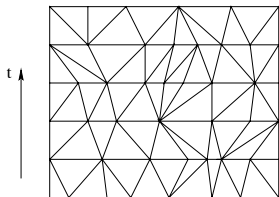
- Constant configuration is the absolute minimum!
- Same model as in (3+1)d but with  $c_2 = 0$   
⇒ Correlated fluid in [Bogacz, Burda, Waclaw - '12]



- Also: same model as in (1+1)d CDT ...

# CDT in 1+1 dimensions

(1 + 1)-dimensional CDT



is precisely a BIB model, with  $m_i = l_i$  giving the length of the spatial slice, and (for open boundary conditions)

$$g(l_i, l_{i+1}) = \frac{(l_i + l_{i+1})!}{l_i! l_{i+1}!}$$

It basically counts the number of ways we can place  $l_{i+1}$  balls in  $l_i + 1$  boxes. Therefore the (1 + 1)-dimensional model of CDT is a BIB model whose reduced transfer matrix is defined by an auxiliary BIB model.

The model is exactly solvable [Ambjørn, Loll - '98] and it has no droplet phase

## CDT in 1+1 dimensions

$$g(l_i, l_{i+1}) = \frac{(l_i + l_{i+1})!}{l_i! l_{i+1}!} \sim 2^{l_i + l_{i+1}} e^{-\frac{(l_{i+1} - l_i)^2}{l_i + l_{i+1}}}$$

Effective continuum action:

$$S_{\text{eff}} = \int_{-\frac{\tau}{2}}^{\frac{\tau}{2}} dt \frac{\dot{L}^2(t)}{4L(t)}$$

⇒

- No condensation
- The action is not a reduction of Einstein-Hilbert (topological in  $d = 2$ ), but of Horava-Lifshitz gravity in 1 + 1 dimensions [Ambjorn, Glaser, Sato, Watabiki - '13]

# Hořava-Lifshitz gravity (and CDT)

- HL gravity: a dynamical theory of geometries with a preferred foliation  
⇒ Reduced symmetry: foliation-preserving diffeomorphisms  $\text{Diff}_{\mathcal{F}}(\mathcal{M})$
- Evidence for a CDT-HL relation comes from
  - Presence of a foliation
  - Analogies in phase diagram (CDT in  $(3+1)d$ ) [Ambjorn, Goerlich, Jurkiewicz, Loll - '10]
  - Short-scale spectral dimension in  $(2+1)d$  [DB, Henson - '09]
  - Large-scale geometry (stretched sphere) in  $(2+1)d$  [DB, Henson - '09]
  - Minisuperspace action with positive kinetic term  
(in  $(2+1)d$ , compared to kinetic term of moduli [Budd - '11])
  - Quantum Hamiltonian in  $(1+1)d$  [Ambjorn, Glaser, Sato, Watabiki - '13]

# An HL-inspired minisuperspace model

[DB, Henson '14]

- HL gravity (with constant lapse  $N$ ):

$$S_{(2+1)\text{-HL}} = \frac{1}{16\pi G} \int dt d^2x N \sqrt{g} \left\{ \sigma (\lambda K^2 - K_{ij} K^{ij}) + b R - \gamma R^2 \right\}$$

+ volume constraint:  $V_3 = \int dt d^2x N \sqrt{g}$

- Minisuperspace reduction:  $g_{ij} = \phi^2(t) \hat{g}_{ij}$  ( $V_2(t) = \int d^2x \sqrt{\hat{g}} = 4\pi \phi^2(t)$ )

$$\Rightarrow S_{(2+1)\text{-mini}} = \frac{1}{2\kappa^2} \int_{-\frac{\tau}{2}}^{\frac{\tau}{2}} dt \left\{ \dot{\phi}^2 - \frac{\xi}{\phi^2} + b' \right\}$$

+ volume constraint:  $\mathcal{V} \equiv V_3 - 4\pi N \int dt \phi^2(t) = 0$

+ kinematic constraint:  $\phi(t) \geq \epsilon$

# Competing effects

$$Z_{(2+1)\text{-mini}} = \int_{\phi(t) > \epsilon} \mathcal{D}\phi(t) \delta(\mathcal{V}) \exp \left\{ -\frac{1}{2\kappa^2} \int_{-\frac{\tau}{2}}^{\frac{\tau}{2}} dt \left[ \dot{\phi}^2 - \frac{\xi}{\phi^2} \right] \right\}$$

In the limit  $\kappa \rightarrow 0$  we expect the partition function (and the observables) to be dominated by those configurations that minimize the action

- Kinetic term favors constant solutions  $\Rightarrow$  for  $\xi = 0$ , taking into account volume constraint we have

$$\bar{\phi}_0(t) = \sqrt{\frac{V_3}{4\pi\tau}}$$

as we saw before

- For  $\xi > 0$ , potential favors configurations saturating the kinematic constraint (i.e.  $\phi(t) = \epsilon$ )

$\Rightarrow$  we might expect the dominance of configurations with a stalk saturating the kinematic constraint, and a droplet taking care of the missing volume  
(in fact, flipping the sign of the kinetic term, a delta function would do the job)

(Note: due to unboundedness of the action for  $\xi > 0$ , dominant configuration is not necessarily a saddle point)

# Minimization of the action – 1

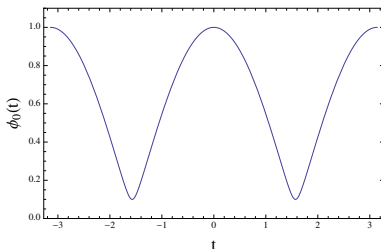
## Local minima

$$\text{e.o.m.:} \quad \ddot{\phi} + \omega^2 \phi - \frac{\xi}{\phi^3} = 0$$

( $\omega$  is a Lagrange multiplier to enforce volume constraint)

It is exactly solvable (isotonic oscillator):

$$\phi_0(t) = \frac{1}{\omega A} \sqrt{(\omega^2 A^4 - \xi) \cos^2(\omega t + \psi) + \xi}$$



# Minimization of the action – 1

## Local minima

$$\text{e.o.m.:} \quad \ddot{\phi} + \omega^2 \phi - \frac{\xi}{\phi^3} = 0$$

( $\omega$  is a Lagrange multiplier to enforce volume constraint)

It is exactly solvable (isotonic oscillator):

$$\phi_0(t) = \frac{1}{\omega A} \sqrt{(\omega^2 A^4 - \xi) \cos^2(\omega t + \psi) + \xi}$$

For  $\frac{\pi}{\omega} = \frac{\tau}{n}$ ,  $n \in \mathbb{N}$  (and solving the volume constraint):

$$\Rightarrow S_{(2+1)\text{-mini}}[\phi_0(t)] = \frac{n\pi}{8\kappa^2} \left( \frac{nV_3}{N\tau^2} - 8\sqrt{\xi} \right)$$

However, for  $\phi(t) = \xi^{1/4}/\sqrt{\omega} \equiv \bar{\phi}_0$  and  $\omega = 4\pi N\tau\sqrt{\xi}/V_3$ :

$$S_{(2+1)\text{-mini}}[\bar{\phi}_0] = -\frac{2\pi N\tau^2\xi}{\kappa^2 V_3} \leq S_{(2+1)\text{-mini}}[\phi_0(t)]$$



## Minimization of the action – 2

### Absolute minima

$$\bar{\phi}(t) = \begin{cases} \sqrt{\left(\frac{\tilde{V}_3 \bar{\omega}}{2\pi^2 N} - \epsilon^2\right) \cos^2(\bar{\omega}t) + \epsilon^2}, & \text{for } t \in \left[-\frac{\pi}{2\bar{\omega}}, +\frac{\pi}{2\bar{\omega}}\right], \\ \epsilon, & \text{for } t \in \left[-\frac{\tau}{2}, -\frac{\pi}{2\bar{\omega}}\right) \cup \left(+\frac{\pi}{2\bar{\omega}}, +\frac{\tau}{2}\right] \end{cases}$$

$$\bar{\omega} \equiv \omega(A_\epsilon) = \left(\frac{2\pi^2 N \sigma^2}{\tilde{V}_3}\right)^{\frac{1}{3}}, \quad \sigma^2 = \frac{\xi}{\epsilon^2}$$

$$\tilde{V}_3 = V_3 - 4\pi N \epsilon^2 \tau + (2\pi^2)^{\frac{2}{3}} \left(\frac{V_3}{\sigma^2}\right)^{\frac{1}{3}} \epsilon^2 + O(\epsilon^4)$$

The action evaluates to

$$S_{(2+1)\text{-mini}}[\bar{\phi}(t)] = \frac{1}{\kappa^2} \left( -\frac{\xi\tau}{2\epsilon^2} + \frac{3}{4} \left(\frac{\pi V_3 \xi^2}{2N\epsilon^4}\right)^{\frac{1}{3}} - \pi\sqrt{\xi} + \frac{1}{2} \left(\frac{\pi^5 N \epsilon^4 \xi}{4V_3}\right)^{\frac{1}{3}} \right)$$

which is smaller than for other configurations, for  $\epsilon^2 \ll V_3/\tau$ .

## Minimization of the action – 3

The droplet/condensate is stable in a finite interval:  $\tau_- < \tau < \tau_+$

- $\frac{\pi}{\omega} < \tau \Rightarrow$  there is a minimal value of  $\tau$  below which the droplet is unstable:

$$\tau_- \simeq \left( \frac{\pi V_3 \epsilon^2}{2N\xi} \right)^{\frac{1}{3}}$$

$\Rightarrow$  constant configuration dominates for  $\tau < \tau_-$   
(consistent with [Ambjørn, Jurkiewicz, Loll - '00; Cooperman, Miller - '13])

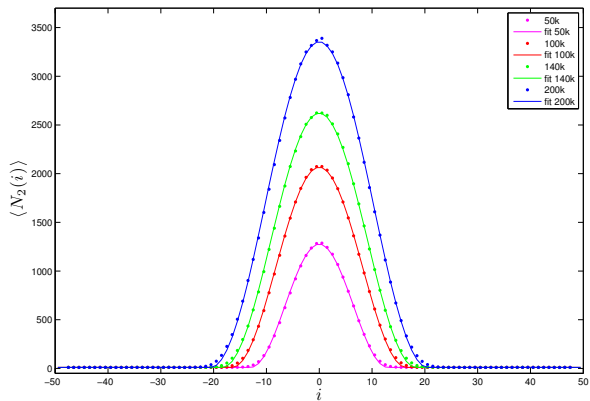
- $S_{(2+1)\text{-mini}}[\bar{\phi}_0] \sim -\tau^2$  vs.  $S_{(2+1)\text{-mini}}[\bar{\phi}(t)] \sim -\tau$

$\Rightarrow$  there is a maximal value of  $\tau$  above which the constant solution is favourable

and  $\tau_+ < \tau_{\max} \equiv V_3/(4\pi N\epsilon^2)$

(for  $\tau > \tau_{\max}$  the constraint  $\phi(t) > \epsilon$  is incompatible with the volume constraint)

# Fitting the data

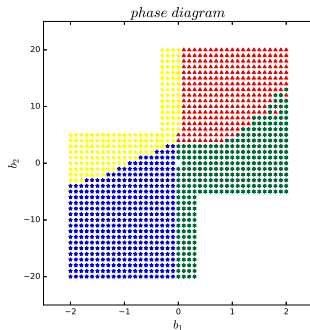


# Simulations of the BIB model

[DB, Ryan '16]

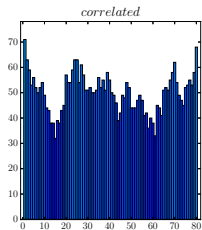
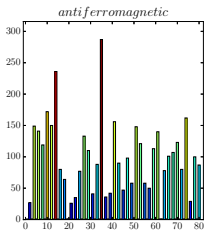
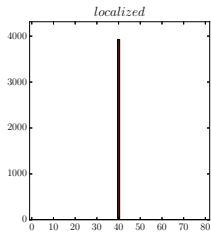
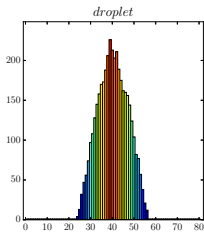
Minimization analysis is far from rigorous, and it relies on several assumptions  
⇒ comparison to direct Monte Carlo simulations of the BIB model is important

$$g(m_j, m_{j+1}) = \exp \left\{ -\frac{2(m_{j+1} - m_j)^2}{m_{j+1} + m_j} b_1 + \frac{2}{m_{j+1} + m_j} b_2 \right\}$$



Phase diagram for system with  $T = 80$ ,  $M = 4000$ : droplet (red triangles), localized (yellow squares), antiferromagnetic (blue pentagons), correlated fluid (green hexagons).

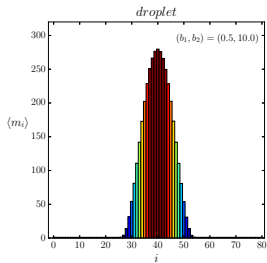
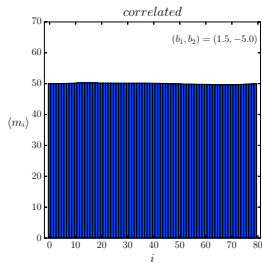
Typical configurations for the various phases:



# Phases

[DB, Ryan -'16]

Mean value  $\langle m_i \rangle$  as a function of  $i$ , for samples in the correlated phase and in the droplet phase:



## Further hints for the unbounded potential?

In [Benedetti, Loll, Zamponi - '07] we obtained the following continuum Hamiltonian from a very special model of  $(2 + 1)d$  CDT:

$$\hat{H} = -\frac{\partial}{\partial V_2} V_2^{3/2} \frac{\partial}{\partial V_2} - \frac{1}{16} \frac{1}{V_2^{1/2}} + \Lambda V_2$$

to be compared with the Hamiltonian of our HL minisuperspace model:

$$\hat{H} = -G \left( \frac{\partial}{\partial V_2} V_2 \frac{\partial}{\partial V_2} + \gamma \frac{1}{V_2} \right) + \Lambda V_2$$

Notice: roughly the same for  $G \rightarrow V_2^{1/2}$

Maybe possible to obtain missing  $G$  from the more realistic model? (from ABAB matrix model)  
Or maybe just a problem with scaling  $G$  canonically? ( $\Rightarrow$  Lifshitz scaling?)

Of course just a speculation, but presence of a term singular at  $V_2 = 0$  and seemingly unbounded from below is very suggestive!

# Conclusions

- CDT is a nonperturbative lattice approach to quantum geometry, and a rather unique case in which the minisuperspace model can be derived as effective description, not as approximation
- In  $(2+1)d$  the GR-inspired minisuperspace model has no potential term for the spatial volume  
⇒ the droplet phase is never favorable
- HL-inspired model succeeds very well in reproducing the spacetime condensation of  $(2+1)d$  CDT!
- In naive continuum limit, the coupling of  $R^2$  goes to zero, but a nontrivial limit might be reached if a Lifshitz point exists
- It would be interesting to study volume fluctuations in CDT and directly extract the effective action from there (⇒ unicity of the effective action)